RAINIER FLIGHT



KITCHEN



OLYMPIC DINING FACILITY

"FOOD ON THE FLY" -- OPEN 24/7

TO PLACE AN ORDER CALL: 253-982-2828

GROUND MEAL MENU

HOT ITEMS:

B3: EGG & CHEESE BREAKFAST BURRITO

B3B: BACON, EGG & CHEESE BREAKFAST

BURRITO

B4: EGG & CHEESE BREAKFAST SANDWICH

B4S: SAUSAGE, EGG & CHEESE BREAKFAST

SANDWICH

1P: HAM & TURKEY PANINI

2P: TURKEY PANINI

5P: HAM PANINI

6: GRILLED CHICKEN SANDWICH

9: CHICKEN STRIPS

11P: HAM, TURKEY & ROAST BEEF PANINI

WRAP

13: BREADED CHICKEN SANDWICH

15: SPICY CHICKEN SANDWICH

ALL OPTIONS \$5.60

COLD ITEMS:

B1: PLAIN BAGEL WITH CREAM CHEESE

B2: ASSORTED CEREALS

1: HAM & TURKEY SUB

2: TURKEY SUB

3: TUNA SALAD SANDWICH

5: HAM SUB

8: PB & J UNCRUSTABLES

10: HAM, CHICKEN & TURKEY CHEF'S SALAD

11: HAM, TURKEY & ROAST BEEF WRAP

SUPPLEMENT OPTIONS

(ALL MEALS INCLUDE BOTTLED WATER AND FRESH FRUIT)

<u>A</u> SODA NUTRI-GRAIN BAR CHIPS COOKIE <u>B</u>
JUICE
FRUIT COCKTAIL
CHIPS
RICE KRISPIE

<u>C</u>
GATORADE
CHIPS
MUFFIN
COOKIE

<u>E</u> JUICE YOGURT PROTEIN BAR **NOTE:**

MEALS MUST

BE CONSUMED

WITHIN 4

HOURS OF

PREPARATION

RAINIER FLIGHT KITCHEN



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GRAB AND GO MENU

HOT ITEMS:

BACON, EGG & CHEESE BREAKFAST
BURRITO

EGG & CHEESE BREAKFAST BURRITO

SAUSAGE, EGG & CHEESE BREAKFAST
SANDWICH

EGG & CHEESE BREAKFAST SANDWICH

SPICY CHICKEN SANDWICH

BREADED CHICKEN SANDWICH

GRILLED CHICKEN SANDWICH

HOT CHICKEN WINGS

CHICKEN STRIPS

CHEESE PIZZA

PEPPERONI PIZZA

SUPREME PIZZA

HAM & TURKEY PANINI

HAM PANINI

TURKEY PANINI

HAM, TURKEY & ROAST BEEF PANINI WRAP
HOT DOG

COLD ITEMS:

ASSORTED CEREALS

PLAIN BAGEL WITH CREAM CHEESE

HAM & TURKEY SUB

HAM SUB

TURKEY SUB

TUNA SALAD SANDWICH

PB & J UNCRUSTABLES

HAM, TURKEY & ROAST BEEF WRAP

HAM, TURKEY & CHICKEN CHEF'S SALAD

SIDE ITEMS:

NUTRI-GRAIN BAR/PROTEIN BAR

MUFFIN

FRUIT/FRUIT CUP

CHIPS

COOKIE

RICE KRISPIE TREAT